



## Spring Values Newsletter

Dear Families,

As we welcome the brighter days of Spring, we are delighted to share our continued focus on **Values-Based Education** at Messingham Primary School.

At the heart of our school is the belief that education is about much more than academic achievement alone. Values-based education guides our children to reflect on the world around them, understand themselves and others and grow as whole people. Through our values, we remind children that the most important thing they can ever be is **kind**, to have an **awareness of others** and to **believe in themselves**. By exploring values together, children learn how to make thoughtful choices, build positive relationships and develop the confidence to face challenges - skills that will support them wherever life takes them.

**Our Spring Values** Each month, we focus on a value that helps shape our learning, behaviour and interactions:

**January – Gratitude** - Appreciating what we have and recognising the kindness of others.

**February – Love** - Showing care, compassion and respect for ourselves and those around us.

**March – Empathy** - Understanding how others may feel and responding with kindness.

**April - Children's Choice** - This value will be chosen by the children through a vote led by our Values Ambassadors - we can't wait to see what they decide!

**May – Courage** - Being brave enough to try new things, speak up and believe in ourselves.

We encourage families to reflect on these values at home and to notice the wonderful ways children show them in everyday life - when helping siblings, spending time with relatives, taking part in clubs and hobbies or out in the local community. Our values are not just a school thing. They are tools to help everyone be the best version of themselves, wherever they are.

**Five Values-Based Activities to Try at Home** - Here are some simple activities you might enjoy as a family:

1. **Gratitude Jar** - Write down one thing each day you are thankful for and read them together at the end of the week.
2. **Kindness Challenge** - Complete one small act of kindness for someone else and talk about how it made you feel.
3. **Empathy Moments** - Watch a film or read a story together and discuss how the characters might be feeling.
4. **Courage Cards** - Write encouraging messages to yourself or others to build confidence and self-belief.
5. **Values Spotting** - Notice and talk about values you see in action when out and about, at clubs or with friends and family.

If children complete any of these activities and tell their **class teacher, Mrs Rose** or **Mr Hutchings**, we would absolutely love to hear about it!

Thank you for continuing to support our values-based approach and for helping us nurture confident, caring and thoughtful children. Together, we are growing not just learners but kind hearts too.

Warm regards,

  
**Mrs Rose**

