




Messingham Primary



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Available Daily
WEEK 1 21.04.22 09.05.22 06.06.22 27.06.22 18.07.22 19.09.22 10.10.22	Cheese & Onion Quiche Omelette Homemade Potato Wedges Baked Beans Cornflake Tart & Custard or Fresh Fruit	Roast Chicken & Stuffing Quorn Fillet Crispy Roast Potatoes Seasonal Vegetables Banana Oat Cookie or Vanilla Cookie or Fresh Fruit	Spaghetti Bolognaise Veg Stroganoff Garlic Bread Seasonal Vegetables Summer Fruit Muffin or Fresh Fruit	Meatballs in Gravy or Tomato Sauce Vegetable Curry Steamed Rice Seasonal Vegetables Tangy Lemon Cake & Custard or Fresh Fruit	 Oven Baked Fish Fillet Vegan Country Bake Chips Baked Beans Zesty Orange Biscuit Or Fresh Fruit	Freshly baked bread Vegetarian Option Freshly Prepared Salad Items Milk Water
WEEK 2 25.04.22 16.05.22 13.06.22 04.07.22 05.09.22 26.09.22 17.10.22	Vegetarian Sausages Roll Mega Macaroni Mashed Potato Baked Beans Doughnuts With Fruity Dipping Sauce or Fresh Fruit	Roast Gammon Roast Vegetable Tart Sauté Potatoes Seasonal Vegetables Chocolate Crackle or Fresh Fruit	Chicken Goujons Vegan Sweet Pepper Ravioli Oven Baked Wedges Seasonal Vegetables Peachy Oat Delight or Fresh Fruit	Pasta Bolognaises Bake Cheesy Pasta Bake Garlic Bread Seasonal Vegetables Tangy Lemon Cake or Fresh Fruit	FAVOURITE Friday Beef Grill in a Bun Vegetable Burger Chips Peas Chocolate Chip Cookie or Fresh Fruit	
WEEK 3 02.05.22 23.05.22 20.06.22 11.07.22 12.09.22 03.10.22	Cheese & Tomato Pizza Vegetable Fingers Oven Baked Wedges Seasonal Vegetables Chocolate Surprise Cake or Fresh Fruit	Sausages Quorn Sausage Roast Potatoes Seasonal Vegetables Banoffee Muffin or Fresh Fruit	Cottage Pie Veggie Mince Mashed Potato Seasonal Vegetable Raspberry Mousse Cake or Fresh Fruit	Crispy Chicken Fillet Spaghetti Napolitaine Jacket Wedges Seasonal Vegetable Chocolate Crunch or Fresh Fruit	Jumbo Fish Finger Wrap Pizza Parcels Chips Baked Beans Hungarian Cookie Fresh Fruit	

