



Messingham Primary School



# M e n u

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Available Daily
<b>WEEK 1</b>	<p>Home-made Cheese &amp; Tomato Pizza</p> <p>Vegetable Fingers</p> <p>Jacket Potato &amp; Filling</p> <p>Potato Wedges Seasonal Vegetables</p> <p>Chocolate Brownie</p>	<p>Chicken Breaded Steak</p> <p>Quorn Fajitas</p> <p>Jacket Potato &amp; Filling</p> <p>Sauté potatoes Seasonal Vegetables</p> <p>Raspberry Bun</p>	<p>Roast Pork Loin</p> <p>Macaroni Cheese</p> <p>Jacket Potato &amp; Filling</p> <p>Mashed Potatoes Seasonal Vegetable</p> <p>Oaty Biscuit</p>	<p>Spaghetti Bolognese &amp; Garlic Bread</p> <p>Cheese Quiche</p> <p>Jacket Potato &amp; Filling</p> <p>Jacket Potato Seasonal Vegetables</p> <p>Steamed Chocolate &amp; Pear Sponge</p>	<p> Fish Fillet</p> <p>Vegetable Lasagne</p> <p>Jacket Potato &amp; Filling</p> <p>Chips Mushy Peas</p> <p>Hungarian Chocolate Cookie</p>	<p>Bread Basket</p> <p>Vegetarian Option</p> <p>Freshly Prepared Salad Items</p> <p>Fresh Fruit Selection</p> <p>Milk</p> <p>Water</p>
<b>WEEK 2</b>	<p>Vegetarian Sausage Roll</p> <p>Free Range Omelette</p> <p>Jacket Potato &amp; Filling</p> <p>Chips Beans</p> <p>Wellington Fudge &amp; Custard</p>	<p>Pork Meatball in Tomato Sauce</p> <p>Veggie Chilli</p> <p>Jacket Potato &amp; Filling</p> <p>Rice Seasonal Vegetables</p> <p>Vanilla Cookies</p>	<p>Oven Baked Sausage</p> <p>Quorn Sausage</p> <p>Jacket Potato &amp; Filling</p> <p>Mashed Potatoes Seasonal Vegetables</p> <p>Lemon Love &amp; Custard</p>	<p>Chicken &amp; Sweetcorn Short Crust pie</p> <p>Cheese &amp; Tomato Pasta Twists</p> <p>Jacket Potato &amp; Filling</p> <p>Roast Potatoes Seasonal Vegetables</p> <p>Winter Berry muffin</p>	<p>Jumbo Fish Finger</p> <p>Vegetarian Breakfast Calzone</p> <p>Jacket Potato &amp; Filling</p> <p>Potato Wedges Seasonal vegetables</p> <p>Citrus Shortcake Biscuit</p>	
<b>WEEK 3</b>	<p>Pizza Pinwheels</p> <p>Veggie Mince Shepherd's Pie</p> <p>Jacket Potato &amp; Filling</p> <p>Hasselback Potatoes Seasonal Vegetables</p> <p>Chocolate Crunch Custard</p>	<p>Beef Burger</p> <p>Quorn Pasta Bake</p> <p>Jacket Potato &amp; Filling</p> <p>Chips Beans</p> <p>Fruit Flapjack</p>	<p>Roast Chicken &amp; Stuffing</p> <p>Mediterranean Tart</p> <p>Jacket Potato &amp; Filling</p> <p>Mashed Potatoes Seasonal Vegetables</p> <p>Fruit Muffin</p>	<p>Chicken Goujons</p> <p>Quorn Dippers</p> <p>Jacket Potato &amp; Filling</p> <p>Potato Wedges Home-made Winter Coleslaw</p> <p>Iced Sponge &amp; Custard</p>	<p>Cod Fish Star</p> <p>Vegetable Pie</p> <p>Jacket Potato &amp; Filling</p> <p>Sauté Potatoes Peas</p> <p>Chocolate Melting Moments</p>	



Locally sourced produce – Vegetarian option - Home-made